

How to Choose the Right Chair and Table Height

Seat Height	7-1/2”H	9-1/2”H	11-1/2”H	13-1/2”H	15-1/2”H	17-1/2”H
Table Height	≈14”	≈19”	≈22”	≈24”	≈27”	≈29”
Toddlers	100%					
3-4 yr. olds		50%	50%			
Kindergarten			50%	50%		
Grade 1				100%		
Grade 2				25%	75%	
Grade 3-4					100%	
Grade 5					50%	50%
Grade 6-12						100%

Some grade levels have two recommended heights as the height of children at those levels varies widely. Percentages are to be used as a recommendation only.

Adult Seat Height 16”-18”

Seat Height indicates the height from the floor to the bottom of the seat.